

Name of
Skipper: _____

Date of Exam (DD/MM/YYYY): _____

Conditions: Wind Speed + Direction: _____ Wave State: _____

Using MBYC *IDEAL 18s* – Club Skipper Certification, Practical Exam.

To ensure that skippers of club *IDEAL 18s* have the necessary knowhow and are aware of the best practices for: Storage, operation, safety drills and requests for maintenance; skippers shall be examined on the merits of their skills and required to remediate where necessary to meet the basic requirements for upkeep. The Sailing Director shall examine and make recommendations where necessary.

The certification process is an uncoached exam where perspective skippers will be required to operate the boat in a normal fashion with the sailing director in observance. The observer may offer basic crewing assistance and may intervene to prevent damage or injury. In the event that the perspective skipper does not pass, a copy of this document will be remitted such that the perspective skipper may correct their errors for subsequent attempts. The Perspective Skipper must perform the following:

- Paper exam, with understanding of parts of boat and sail, rules of the road (RRS 10 – 14), safety equipment on board, Emergency procedures (how to hail for aid, launch, sails down, anchoring, and freeing aground boats), maps/charts, and
- Practical exam, Described by following list:

Requisite skills checklist

- Demonstrate proper donning of life preserver.
- Demonstrate awareness of wind and direction.
- Demonstrate the following knots.
 - Bowline
 - Cleat hitch
 - Stopper knot (Figure of 8 or Barrel)
 - Slip knot for sail ties
 - Clove hitch
 - Square knot or sheet bend
 - Round turn and 2 half hitches or anchor hitch
- Demonstrate how to throw a line.
- Demonstrate use of a basic wind forecasting program and awareness of future conditions.
- Form a basic verbal float plan based on conditions, float plan should be for the next 6 hours.

- Explain how to deploy and use the anchor on club boats. Include specific locations of where to secure anchor line and what type of anchor is used and how to identify if anchor is not buried.
- Demonstrate Proper use and awareness of the Ideal 18 check out book/system.
- Demonstrate awareness of VHF channels and use of VHF Radio efficiently.
- Identify obstructions in the harbor and 5 basic visual reference points commonly used by sailors in Manhasset Bay Harbor with assistance from instructor.
- Identify 3 types of lateral buoy within the harbor and what they mean.
- Identify all on board safety equipment compliant with Ideal 18 checklist.
- Explain how to safely rig a tow line for Ideal 18s, both bow and mast tow. Explain how to rig an emergency tow line.
- Identify all sail controls and roughly what they do.
- Demonstrate Hoisting of the main, easing both Cunningham and Vang.
- Successfully Identify all parts of a boat and sails.
- Successfully depart the mooring.
- Demonstrate furling and unfurling of jib.
- Demonstrate adequate and safe procedures for Tacking.
- Demonstrate adequate and safe procedures for Gybing.
- Demonstrate Head to wind safety stop
- Demonstrate how to slow the boat using:
 - Sail trim
 - Rudder
- Demonstrate how to leave "No-Go-Zone"/In-Irons
- Demonstrate Sailing at the following points of sail with roughly proper sail trim:
 - Close Hauled/Beating
 - Beam Reach
 - Broad Reach
 - Dead Down wind
 - By the lee.
 - Backward/Moving astern (for 2 boat lengths)
- Display Proper Body positioning within the boat.
- Perform a SUCCESSFUL Person-Overboard drill with a pickup.
 - Verbal signal
 - Correct turn
 - Pickup on correct side of boat
 - Recovery
- Demonstrate a safe landing on the mooring. (Members of crew should not need to fight)
- Demonstrate how to attach Ideal 18 to mooring and how to secure pick-up stick.
- Demonstrate how to properly stow all sails, and lines.